

DISABILITY & TOBACCO

Get the facts!

You are not in this alone.

In Louisiana, about one-third of adults have a disability, meaning they reported having difficulty with vision, hearing, concentrating, walking, or doing errands alone. Louisiana adults with disabilities are twice as likely to smoke cigarettes than those without.

Reduce your risk by quitting tobacco.

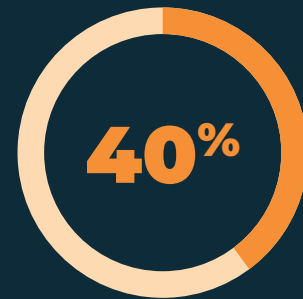
Adults with disabilities who smoke cigarettes are at a higher risk for preventable disease, disability, and death. In the U.S. alone, cigarette smoking causes more than 480,000 deaths each year. Quitting smoking or tobacco can reduce your risk. For help in quitting call 1-800-QUIT-NOW (1-800-784-8669).

Access is key.

Having access to programs that support quitting can reduce rates of tobacco smoking, but adults with disabilities who want to quit may face some challenges with accessing the education and resources to get and stay quit.



3 in 5
Louisiana adults who could not see a doctor due to cost have a disability



OF LOUISIANA ADULTS WHO DO NOT HAVE HEALTH COVERAGE, **HAVE A DISABILITY**



All Louisiana residents deserve the opportunity to live a healthy, tobacco-free life, regardless of their race, education level, gender identity, sexual orientation, the job they have, the neighborhood they live in, or whether or not they have a disability. For help in quitting smoking or using tobacco, call 1-800-QUIT-NOW or visit QuitWithUsLa.org.

QUIT
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— LIVE LIFE —
TOBACCO-FREE